



40g sachets makes approx 500ml to 666ml (6% to 8% concentration)
 500g Travel Pack makes approx 6 to 8 litres (6% to 8% concentration)
 1.6kg Bulk Pack makes approx 20 to 26 litres (6% to 8% concentration)



Hydrating Energy



TYPICAL INGREDIENTS			
Carbohydrates (93%) [Maltodextrin produced by partial hydrolysis of a special variety of Maize, Fructose], Acid (Citric Acid), Electrolytes (2%) [Sodium Chloride, Calcium Lactate, Potassium Chloride, Sodium Citrate, Magnesium Lactate], Natural Flavouring, Sweetener (Aspartame).			
✔ Suitable for Vegans			
PHENYLKETONURICS: CONTAINS PHENYLALANINE			
NUTRITIONAL INFORMATION			
Serving Size 80g, contains approx 6 serving			
Typical Values	per 100 g	per 80 g (1 Litre)	per 8 g (100ml)
Energy	1531kJ/360kcal	1225kJ/288kcal	122kJ/29kcal
Protein	0 g	0 g	0 g
Carbohydrate	90 g	73.0 g	7.3 g
of which: sugars	17 g	13 g	1.3 g
of which: fructose	15 g	11.6 g	1.2 g
dextrose	0.3 g	0.3 g	0 g
maltose	1.9 g	1.5 g	0.2 g
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Fibre	0 g	0 g	0 g
Sodium (20mmol/l)	0.6 g	0.5 g	0.05 g
Calcium (1.1mmol/l)	56 mg	45 mg	5 mg
Magnesium (0.4mmol/l)	13 mg	10 mg	1 mg
Potassium (3.1mmol/l)	150 mg	120 mg	12 mg

- 1
- 2
- 3
- 4

EASY MIX SYSTEM

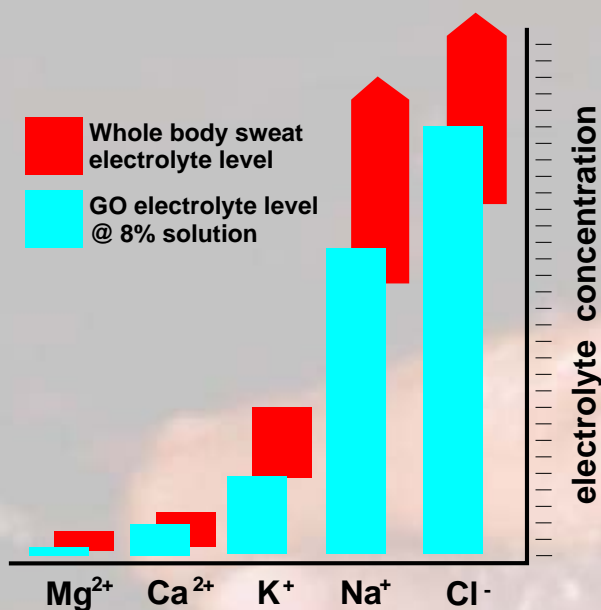
- 5 Unique to Science in Sport, the easy mix system makes it simple to create a nutritional strategy that works for you.
- 6 Just pour powder straight from this pack into the wide neck drinks bottles.
- 7 The marks on the bottle show you just how much powder to add. For ease of pouring shake the powder before opening.
- 8 No mess, no fuss - better hygiene!

SiS (Science in Sport) Limited
 Ashwood Laboratories, Brockhall Village, Blackburn BB6 8BB
 Tel 01254 246060 fax 01254 246061 sales@scienceinsport.com



- FAST Acting
- LIGHT on stomach
- LOW osmolality
- BALANCED electrolytes

Don't water down your performance!



Balanced Electrolytes drive the desire to drink and direct fluid to the right place.

Water can switch off this desire before optimal hydration is reached.

As easy to drink as water



During scientific research GO electrolyte was as light on the stomach as water whilst an isotonic simple sugar drink was heavier even though it was less concentrated

"The other drinks we used were great to have a mouth full to taste but too acidic and sticky to stomach during competition. GO>>> electrolyte has a clean taste and is so light that we can use it at an effective concentration even during the most demanding sessions."



multiple energy substrates to maximize fueling of muscle and liver



balanced electrolytes including Sodium and Potassium to optimize hydration



great taste range of clean flavours that work during the most demanding sessions

Performance Hydration



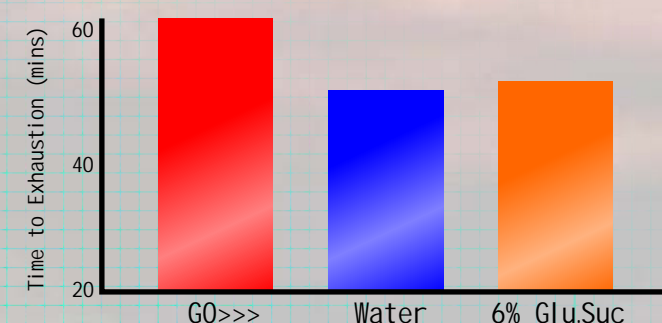
"Feedback about your products was fantastic, and even the top racers are saying they will be changing their approach to the energy/hydration issue. Riders have said the combination of the Go gels and Go electrolyte have kept them fresher and improved their endurance and concentration levels. This is a real step forwards for the TT and for bike racing in general!"

Dr Adam Standing (Director)
The Apex Project – "Research for peak performance and improved safety in motorcycle racing."



Chris Walker World Superbikes

GO>>> improves performance more than Water or 6% Glucose-Sucrose solution



Optimal Fluid Intake while performing intensive exercise at 80% VO₂ Max in a warm environment. Reid I., (1999).



Real Performance benefits

GO >>> electrolyte resulted in significantly better performance than water or Glucose/Sucrose based energy drinks



hydrate



energize



improve performance

